

ZC 2026: Session: 2: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moers Greet HEADCOACH

Coaches: Moers Liesbet

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M FREESTYLE MEN 15+ Heat:3, starttime: 14:31

Heat: 3/15 Lane : 5 Athlete: REYNIERS MATTEO Q-time: 01:06:51

PB (50m pool): 01:06.75 SportinGenk Park 24/05/2026 PB (25m pool): 01:06.51 SB: 01:06.75 SportinGenk Park 24/05/2026

	50 M	100 M	
PB	00:32.12	01:06.75	
	00:32.12	00:34.63	
	

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 15+ Heat:14, starttime: 14:48

Heat: 14/15 Lane : 2 Athlete: MARINUS BAS Q-time: 00:58:65

PB (50m pool): 00:59.62 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:58.65 SB: 00:59.62 Zwembad Brigitte Becue 26/04/2026

	50 M	100 M	
PB	00:28.95	00:59.62	
	00:28.95	00:30.67	
	

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12 Heat:5, starttime: 15:09

Heat: 5/9 Lane : 5 Athlete: DECLERCK BRIEK Q-time: 03:20:11

PB (50m pool): 03:20.11 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 03:28.21 SB: 03:20.11 Zwembad Brigitte Becue 26/04/2026

	50 M	100 M	150 M	200 M	
PB	00:43.57	01:35.83	02:37.69	03:20.11	
	00:43.57	00:52.26	01:01.86	00:42.42	
	

Coach feedback:

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Event number: 15: 200M BREASTSTROKE MEN 13-14				Heat:2, starttime: 15:43	
Heat: 2/4 Lane : 6 Athlete: DECLERCK WANNE				Q-time: 03:28:49	
PB (50m pool): 03:28.49 Antwerpen 13/07/2025			PB (25m pool): 03:31.41 SB: 03:34.63 SportinGenk Park 24/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.16	01:40.18	02:34.39	03:28.49	
	<i>00:47.16</i>	<i>00:53.02</i>	<i>00:54.21</i>	<i>00:54.10</i>	
	

Coach feedback:

Event number: 17: 100M BACKSTROKE MEN 15+			Heat:2, starttime: 16:05		
Heat: 2/9 Lane : 1 Athlete: REYNIERS MATTEO			Q-time: 01:23:03		
PB (50m pool): 01:23.03 Zwembad Brigitte Becue 26/04/2026		PB (25m pool): 01:26.84 SB: 01:23.03 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M			
PB	00:41.78	01:23.03			
	<i>00:41.78</i>	<i>00:41.25</i>			
			

Coach feedback:

Event number: 17: 100M BACKSTROKE MEN 15+			Heat:5, starttime: 16:13		
Heat: 5/9 Lane : 4 Athlete: MARINUS BAS			Q-time: 01:13:19		
PB (50m pool): 01:13.79 Antwerpen 15/03/2026		PB (25m pool): 01:13.19 SB: 01:13.79 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M			
PB	00:35.84	01:13.79			
	<i>00:35.84</i>	<i>00:37.95</i>			
			

Coach feedback: